

NEWSLETTER

June 2008

Edition-6

2nd June: Elders Meeting

TEV Elders selected their Representatives during a meeting held at TEV campus on 2nd June. Elders, Murugiah, Nagarathinam, Veerabathran will be representing viz., Food committee, Care committee and Income



generation committee. Elders Eprema, Murugaiyyan, Pushpagandhi would be assisting them. The food menu was discussed and finalized for the month of July. Hypertensive and Diabetic elders were advised to reduce their salt and sugar levels. It was decided to plant trees all over the campus and along the pathways with name boards carrying each resident's name. Resident's perceptions on care activities, Dairy/ Farm activities, food servicing to elders were discussed. Caregivers recorded the minutes.

3rd June: IGP Training on Pickle Making.

Pickle making training for elders held at TEV campus on 3rd June. Pickles from



Tomato, brinjal and onion were demonstrated. TEV manager organized the training as per the request of IGP Group. The residents are thinking of starting a pickle production unit using low cost vegetables.

4th June: Cultural Evening

A cultural evening was arranged for the TEV elders at open-air auditorium on 4th Evening. Elders performed songs, skit, while PMO member of staff's presented mimicry and songs.

6th June: Training on Fruit squash and Jam Making.

Training program on fruit squash preparation from orange and grapes, as well as



preparation of Jam from mixed fruits were arranged at TEV on 6th Evening. All the elders attended. IGP group of TEV is thinking of starting a small fruit and vegetable processing unit at TEV through which fruit salad, squash and pickles could be produced and marketed through ESHGs of VLF and DLF in HI project areas. Proposals will be submitted by TEV elder's representative council regarding this IGP after discussion with PMO officials.

10th June: Health education about Constipation / Falling.

A meeting was organized for resident elders to educate them on geriatric diseases and its prevention. Dr. Shano



from Project Kiran explained about Diabetes, constipation, falling etc to the elders and

answered many of their questions. The senior caregivers displayed photos.

13th June: NLC medical camp.

The NLC doctors, Dr. P. Shanmugavelu, Head Surgeon and Dr. Shankar, Skin specialist conducted the medical camp



at TEV campus on 13th June. The surgeon checked 14 elders listed for surgeon advice and 3 out of them were referred for surgery. The skin specialist checked all the resident elders and both the doctors gave their prescriptions. They brought tablets for Parkinson and thyroid patients.

14th June: HelpAge India CE visits TEV.

Shri. Mathew Cherian, Chief Executive of HelpAge India, New Delhi visited



TEV on 13th and 14th of June. PMO staff meeting was conducted on 14th June. Mr. Ramalingam, Dr. Sathiyababu

Mr. Elango and Mr. Siddick attended. Each of the staff members gave a presentation on their project activities followed by CE's visit to all the blocks of TEV. His comments and suggestions were recorded for further action.



14th June: Cultural night.

A Musical night was arranged at TEV on 14th evening. Elders presented cinema songs, villuppattu and jokes. Staff members of PMO joined with elders for group songs. Shri. Mathew Cherian, CE of HI attended this event along with his family members.

Dinner was served followed by the cultural night.



16th – 17th June: Head- E&SP, and Shri. Avjeet of HI visited TEV.

Shri. Rajeshwar, Head

Emergencies and Social protection came to TEV on official visit along with his colleague



Shri. Avjeet. He participated in the DLF Cuddalore meeting held at TEV on 16th and discussed on their action plan. PMO staff meeting was arranged on 17th June. His comments and suggestions were taken as minutes and recorded for further action.



20th June: Religious tour by Residents.

A religious tour programme was organized for TEV elders visiting places like Mailam, Thiruvakarai, Manakular temple and Villianur Madha Church in and around Pondicherry. 28 resident elders attended this trip. The elders offered Poojas at the temple sites. Food was prepared earlier and taken along with them. Elders felt happy on seeing such holy places.

At Mailam Temple



Enjoying lunch while outing..



Posing @ Manakula vinayagar temple



22nd June 2008: Elders representative council meeting

TEV elders representatives meet with PMO staff was arranged on 22nd June. Mr.Ramalingam chaired and Dr.Sathyababu facilitated. Elders discussed on 1.medical care and 2. ground rules and procedures for maintaining resident discipline at TEV campus.



25th June: Awareness Programme on Tuberculosis.

The State Govt. Hospital, DCTC, STS (TB) and GHTM- Capper Hills organized an awareness programme on TB at TEV



campus on 25th June. Counselors Mr.D.Sridhar, T.T.Sujatha, Mr.Sundara



vadivelu and Ms.Geetha explained about TB, its spread and curative measures. Mr.Ramalingam, & Dr.Sathyababu welcomed the specialists while Mr.siddick gave vote of thanks. Sputum samples for TB test were collected from volunteers.

26th June 2008: Tree planting at TEV campus by residents;

The residents of TEV planted trees along the curved pathway suggested by CE during his TEV visit. Each tree planted would carry nameplate of the elder and he/she would be responsible for the tree.



27th June: Staff meeting

Staff meeting was conducted on 27th June to discuss on selection of elders from HI project areas. All the advocacy executives attended. Dr.Sathyababu (Project Kiran), Mr.Elango (CRC/EfE) and Mr.Siddick (TEV) attended. Mr.Elango chaired the meeting.






Birthday celebrations:

A birthday celebration for Shri.Mathew Cherian, Chief Executive of HI was held on 19th June 2008. Elders conducted prayers for his well-being and longer life. On the same day Ms.Rajalakshmi, accountant of TEV celebrated her birthday with elders evening. Snacks/ sweets were distributed to all the elders.



Note: Birthdays could be celebrated in TEV along with the elders with prayers, on prior intimation of dates to Manager, TEV.

New admissions

	Elder Murugan - aged 60 from Kodiakarai. Having two daughters with no house to live referred by VLF and arrived TEV.
	Elder Ramakrishnan - 74 from Kandakadu village, neglected lonely elder, unmarried recommended by VLF and brought in to TEV by Palliative Care team.
	Elder Chandrasekhar – 62 from Nanamedu. Lonely elder kicked out from his family for the past 5 months, thriving for food and shelter, recommended by DLF/EFE for admission in TEV.

Programme for July 2008.

1st July: consulting with Urology specialist for selected TEV elders.

2nd July: meeting with Nagapattinam collector/ DSWO reg. OAP for elders.

3rd July: cultural evening

5th July: visit to St.Joseph School, cuddalore for preliminary discussion reg. Fund raising.

8th July: Elders meeting

10th and 11th July: Kollam visit-selection of residents for TEV

12th July: School children visit to TEV

14th July:

15th July: Police Dept. + counselors (Cuddalore Municipality) meet @ TEV.

15th July: Income generation training

17th July: Religious observance – visit to local temple

20th July: Sports event for Elders

22nd to 25th July: field visit to Cuddalore project area reg. selection of elders for TEV.

22nd July: Elders Meeting

26th July: School children visit to TEV

26th to 30th July: visit to Nagapattinam/ vedaranyam areas reg. selection of elders for TEV.
